Athletes celebrate 2023 Special Olympics seasons

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 $Basketball\,team\,skills\,athletes\,include, from\,left, Coach\,Maddie\,Carlson, Danny\,McClure, Tammy\,Howery, Craig\,Carritt,\\$ Branden Baack, Shawn Strole, Adrian Cudmore and Coach Kassidy Sloup

Athletes celebrate 2023 Special Olympics seasons

BY DOUG CARROLL

Approximately 80 people filled a basement room at the Seward Civic Center Sept. 17 as the Seward County Special Olympics organization held its annual banquet and handed out awards

awards. Jamie Opfer, a physical eduation teacher at Seward High School and the head football and boys' soccer coach, was the featured

coach, was the featured speaker.
"It's my privilege to speak with you all today about the dedication, commitment and perseverance of these outstanding athletes and coaches," Opfer said.
"I was an athlete growing up and now have had the oportunity to be a coach for the last 26 years at Seward High School."

Opfer spoke about the value athletics can play in a person's life, and how they can teach life skills and increase self-esteem.

He also talked about how

dedication, commitment and perseverance in athletics can help people achieve their goals in sports and

e. "With the teams I coach, with the teams I coach, we talk about the one per-cent rule - we need to get one percent better each day," he said. "We equate success to climbing a ladder - each day

climbing a ladder - each day we strive to take one step up the ladder. "We know that if we continue to take one step up each day, we will reach the top of the ladder and become the best versions of ourselves in the classroom, athletic field and in the community." munity." Opfer said he enjoys see-

Opfer said he enjoys see-ing to groups such Special Olympic participants, and he enjoyed seeing some of the people that he taught in PE RSeward High. "When Hook at the athletes at this barquet tonight," he said. "I see indi-viduals who embody these qualities, not just in sports but in their daily lives. "They're an inspiration to everyone."



DOUG CARROLLIMT
Seward High School physical education teacher and coach Jamie Opfer speaks to participants of the Special Olympics banquet held Sept. 17 in Seward.



COURTESY MAGE
Basketball 3-on-3 Blue Team athletes include, from left,
(front row) Tom Kouma, Jeremy Jones and Jill Schmidt;
and (back row) Coach Mitch Carlson and Abby Flowerday.

See more special olympics on page 3.

